WHAT’S THAT SMELL?

What You’ll Need:
Spray bottle, strong-smelling flavoring extract (vanilla, mint, lemon), water.

Humans have an amazing ability to distinguish hundreds of different scents, but our sense of smell isn't nearly as well-developed as it is in many other mammals. This game will let you "perceive" the world as many animals do—by scent.

Fill a spray bottle with water and add one or two teaspoons of a strong-scented extract. (Peppermint, lemon, and vanilla work well.) Make a trial spray on a tree to see if the scent is strong enough to detect. Then have the players close their eyes while one person runs ahead through a wooded area with the spray bottle. The person laying the trail should spray trees and other objects along the way. If playing in grassy fields, be careful not to leave an obvious track through the grass. When the trail maker is done, the rest of the players try to follow the trail.