GLUED TO YOUR CHAIR

Bet you can't get up from a chair! No gimmicks! No strings either!

THE SETUP
All you have to do to win is get up from a chair. Sit in a straight-backed armless chair. Keep your back against the back of the chair and put your feet flat on the floor. Fold your arms across your chest. Now, keeping your feet flat and your back straight, try to stand up.

INSIDER INFORMATION
We lied about the gimmick. The gimmick is gravity. In the sitting position the center of gravity is at the base of the spine. By trying to stand up with your back straight, you prevent the center of gravity from moving to a position above the feet, which are your support base. Human thigh muscles simply aren't strong enough to compensate for the balance problems during the getting-up period. So you remain glued to your chair.