BOYS VS. GIRLS

Most boys will fall for this trick but girls usually won’t.

THE SETUP
This activity separates the boys from the girls. Do it with a large group and see what happens. Each participant should kneel on the floor and bend forward with the elbows against the knees and the hands together in a praying position. Have an assistant stand a matchbox on end and place it in front of the fingertips. Now for the test. Each participant must lean forward and try and knock over the matchbox using only the nose. Some participants will be able to knock over the matchbox. Some will fall on their face! In general, the boys will do most of the falling.

INSIDER INFORMATION
This is a balancing act. In order to keep from falling on your face, you have to keep your center of gravity from getting too far in front of your knees. In boys, the center of gravity is usually higher up than it is in girls. The males have more mass in their upper bodies than their lower bodies and this makes them somewhat top heavy. Girls have more of their weight in their hips. The heavier hips are a counterweight and allow females to lean out farther.